Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

F00382 21 November 2006 21 February 2022 001290dab0854de9aa895f36f2205181



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Fletchers Medium Sliced Wholemeal Bread 8 x 800g e

Short Product Name:

Wholemeal Bread

A golden brown medium sliced wholemeal loaf.

Traded Unit GTIN: 05010066001120 Internal GTIN: Supplier: Kara Foodservice (Fletchers) Suppliers Product Code: F00382

Reference Intake

Each 100g portion contains: Fat Salt Energy Saturates Sugars 923k1 **1.4**g 0.4g**2.4**g 0.85g**218**kcal 11% 2% 3% of your reference intake.

Typical values per 100g: Energy 923kJ 218kcal

Nutritional Information

Typical Values	Per 100g
Energy	923kJ 218kCal
Carbohydrates	38.2g
of which sugars	2.4g
Fat	1.4g
of which saturates	0.4g
Fibre	7.1g
Protein	9.7g
Salt	0.85g

Allergy Information





Does Not

Contain

Fish



Does Not

Contair



Eggs



Does Not

Contain



Peanuts

Does Not

Contain



Nuts

Does Not

Does Not

Contain

Crustaceans



Contain

Does Not Sulphur



Dietary Information



May not be suitable for Halal



Allergen Statement

For allergens (including cereals containing gluten), see ingredients in CAPITALS.

Ingredients

Wholemeal WHEAT Flour, Water, Salt, Wheat Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Palm Oil, Yeast, Emulsifiers (E472e, E471), Preservative (E282), SOYA Flour, Spirit Vinegar, Flour Treatment Agent (E300).