Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

66536 09 February 2024 09 February 2024 013e1a8e4e6946e99bd374cd21d1c5e1



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Monkfish portion skinless, boneless (6 x 140-170g)

Short Product Name: Monkfish

Monkfish portion skinless, boneless (6 x 140-170g)

Traded Unit GTIN: - Internal GTIN: Supplier: M&J Seafood Suppliers Product Code: 66536

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
282 kJ 66 kcal	0.4 g	0.1 g	O g	0 g	
3%	1%	1%	0%	0%	
of your reference intake.					

Typical values per 100g: Energy 282kJ 66kcal

Nutritional Information

Typical Values	Per 100g
Energy	282kJ 66kCal
Carbohydrates	Og
of which sugars	Og
Fat	0.4g
of which saturates	0.1g
Fibre	Og
Protein	15.7g
Salt	Og

Allergy Information





Does Not



Contain Cereal/Gluten



Does Not Eggs

Does Not

Contain





Peanuts

Does Not



Contain Nuts

Does Not

Contain



Does Not

Contain





Contain Mustard





Contain Sulphur

Dietary Information











Ingredients

Monkfish (Lophius piscatorius) (FISH).

Does Not

Contain