

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

NUT043
11 June 2024
11 June 2024
03f16e87fd444e6ab2e1690e92e3d9e2



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

Toasted Coconut Flakes 1kg

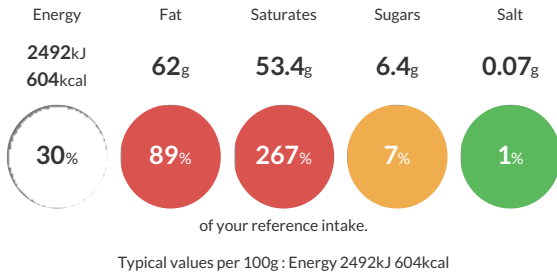
Short Product Name:
Toasted Coconut Flakes 1kg

Thick chips of toasted coconut (ex.Cocos nucifera) made from the sliced/ shredded coconut meat of the fresh and mature fruit

Traded Unit GTIN: 5060103915088 Internal GTIN: 5060103915071 Supplier: Centaur Foods Ltd Suppliers Product Code: NUT043

Reference Intake

Each 100g portion contains:

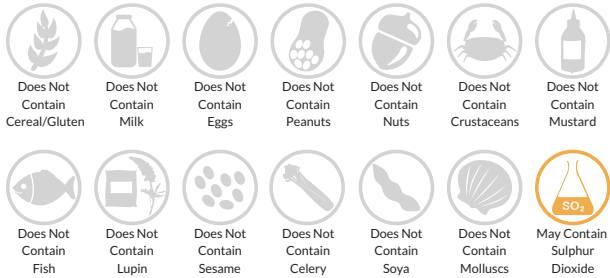


Nutritional Information

Typical Values	Per 100g
Energy	2492kJ 604kCal
Carbohydrates	6.4g
of which sugars	6.4g
Fat	62g
of which saturates	53.4g
Fibre	13.7g
Protein	5.6g
Salt	0.07g

Allergy Information

Key: Contains May Contain



Dietary Information

Key: Suitable for



Ingredients

Coconut Kernel Cocos nucifera..