Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

NUT043 02 April 2025 02 April 2025 03f16e87fd444e6ab2e1690e92e3d9e2



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Toasted Coconut Flakes 1kg

Short Product Name:

Toasted Coconut Flakes 1kg

Thick chips of toasted coconut (ex.Cocos nucifera) made from the sliced/shredded coconut meat of the fresh and mature fruit

Traded Unit GTIN: 5060103915088 Internal GTIN: 5060103915071 Supplier: Centaur Foods Ltd Suppliers Product Code: NUT043

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
2492 kJ 604 kcal	62 g	53.4 _g	6.4 g	0.07 g	
(30%	89%	267%	7%	1%	
of your reference intake					

Typical values per 100g : Energy 2492kJ 604kcal

Nutritional Information

Typical Values	Per 100g
Energy	2492kJ 604kCal
Carbohydrates	6.4g
of which sugars	6.4g
Fat	62g
of which saturates	53.4g
Fibre	13.7g
Protein	5.6g
Salt	0.07g

Allergy Information



Does Not

Contain

Fish



Eggs

Does Not

Contain



May Contain

Does Not Peanuts

May Contain

Celerv



May Contain





Crustaceans

Does Not

Contain





May Contain Sulphu



Dietary Information



May not be suitable for Halal



Ingredients

100% Coconut