

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

NUT031
13 June 2024
13 June 2024
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Greenwheat Freekeh 1kg

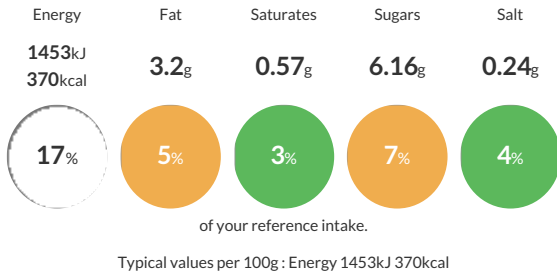
Short Product Name:
Greenwheat Freekeh

Cracked Grain Freekeh (Triticum turgidum).

Traded Unit GTIN: 5060103914593 Internal GTIN: 5060103912803 Supplier: Centaur Foods Ltd Suppliers Product Code: NUT031

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1453kJ 370kCal
Carbohydrates	62.8g
of which sugars	6.16g
Fat	3.2g
of which saturates	0.57g
Fibre	12.38g
Protein	9.94g
Salt	0.24g

Allergy Information

Key: Contains May Contain



Allergen Statement
Product contains **WHEAT**.

Ingredients

Greenwheat Freekeh 100%

Dietary Information

Key: Suitable for

