

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

5139390000
04 February 2025
04 February 2025
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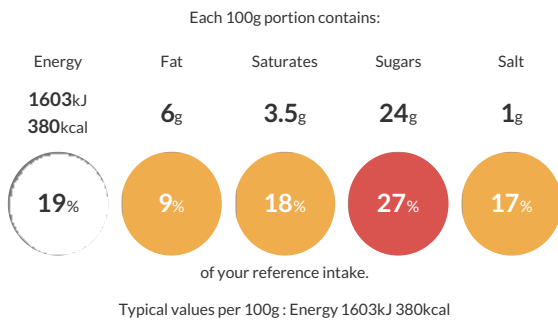
Kellogg's Fruit 'n Fibre Cereal Portion Pack 40x45g

Short Product Name:
Fruit 'n Fibre Cereal

Wholewheat flakes with raisins, coconut, banana, apple and hazelnuts. Fruit n Fibre is part of the Kellogg's 'Happy Guts' range designed to make it easier for people to increase their intake of fibre. With 9 in 10 people not meeting the daily recommended 30g intake, a delicious bowl of Fruit n Fibre, packed with superior wheat bran fibre is a perfect way of fuelling a happy gut.

Traded Unit GTIN: **5050083393907** Internal GTIN: **5050083393891** Supplier : **Kellanova (Kellogg's)** Suppliers Product Code : **5139390000**

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1603kJ 380kCal
Carbohydrates	69g
of which sugars	24g
Fat	6g
of which saturates	3.5g
Fibre	9g
Protein	8g
Salt	1g

Allergy Information

Key: **Contains** **May Contain**

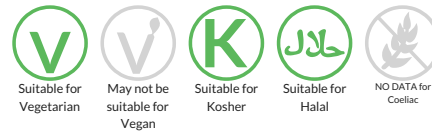


Allergen Statement

May contain gluten from other cereals, other nuts

Dietary Information

Key: **Suitable for**



Ingredients

WHOLEWHEAT (69%), dried fruit and hazelnuts (26%) (raisins, sultanas, coconut, banana [banana, coconut oil, sugar], apple, HAZELNUTS), sugar, BARLEY MALT EXTRACT, salt, niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12