

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

10211  
08 November 2018  
15 November 2022  
1f23c8ed995a472c9727ed2088d0dc9e



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## Somerset Oats Regular

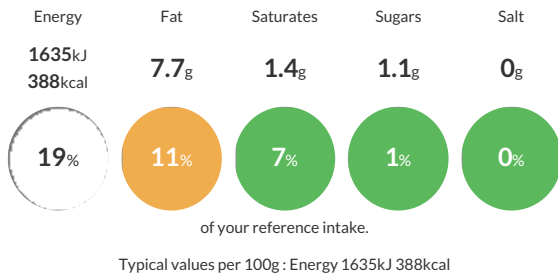
Short Product Name:  
Somerset Oats Regular

Regular Oats

Traded Unit GTIN: - Internal GTIN: Supplier: Alara Wholefoods Ltd Suppliers Product Code: 10211

### Reference Intake

Each 100g portion contains:



### Nutritional Information

Typical Values	Per 100g
Energy	1635kJ 388kCal
Carbohydrates	62.3g
of which sugars	1.1g
Fat	7.7g
of which saturates	1.4g
Fibre	10.6g
Protein	12.1g
Salt	0g

### Allergy Information

Key: Contains May Contain



### Dietary Information

Key: Suitable for



### Ingredients

Regular OATS (100%)