

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

FF00157
07 November 2012
08 July 2022
2e2832545f804b8d8a38adb45ea430c4



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Breaded Plaice Goujons

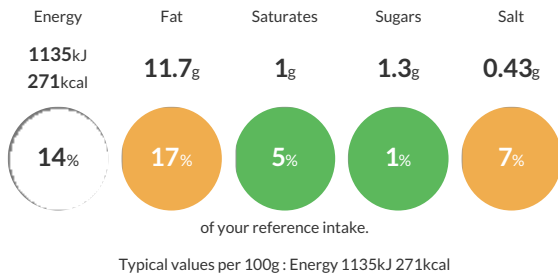
Short Product Name:
Breaded Plaice Goujons

skinless & boneless Plaice Goujons coated in a breadcrumb

Traded Unit GTIN: **5060132041048** Internal GTIN: **5060132040041** Supplier: **Flatfish Ltd** Suppliers Product Code: **FF00157**

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1135kJ 271kCal
Carbohydrates	29.1g
of which sugars	1.3g
Fat	11.7g
of which saturates	1g
Fibre	0.8g
Protein	11.9g
Salt	0.43g

Allergy Information

Key: **Contains** **May Contain**



Allergen Statement
Contains **FISH** and **WHEAT**

Ingredients

Plaice (*Pleuronectes platessa*) (**FISH**) (50%), Fortified Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Salt, Yeast, Ammonium Bicarbonate.

Dietary Information

Key: **Suitable for**

