

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

T-M062-P12
01 March 2024
01 March 2024
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Fine Lady Self Raising Flour 3Kg

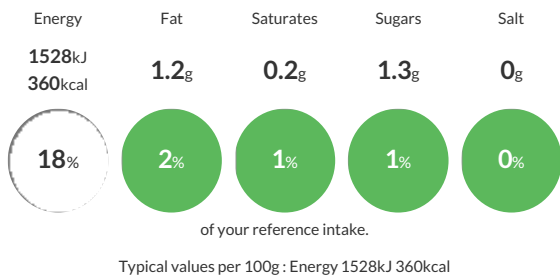
Short Product Name:
Self Raising Flour

Wheat Flour

Traded Unit GTIN: **5021583002576** Internal GTIN: **5021583002576** Supplier: **Heygates Ltd** Suppliers Product Code: **T-M062-P12**

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	1528kJ 360kCal
Carbohydrates	76g
of which sugars	1.3g
Fat	1.2g
of which saturates	0.2g
Fibre	3.1g
Protein	9.8g
Salt	0g

Allergy Information

Key: **Contains** **May Contain**



Dietary Information

Key: **Suitable for**



Ingredients

Wheat Flour (WHEAT flour, Calcium Carbonate (E170), Iron, Nicotinamide (Vit B3), Thiamine Hydrochloride (Vit B1)), Sodium Carbonates (E500) Calcium Phosphates (E341)