Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

107624 09 February 2024 09 February 2024 4526add751894aa892417750e616a435



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Cod fillet, skin on, scaled, boneless (6 x 140-170g)

Short Product Name:

Cod fillet

Cod fillet, skin on, scaled, boneless 6 x 140-170g.

Traded Unit GTIN: - Internal GTIN: Supplier: M&J Seafood Suppliers Product Code: 107624

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
306 kJ 72 kcal	0.6 g	0.1 g	0_{g}	0.4 g	
4%	1%	1%	0%	7%	
of your reference intake					

Typical values per 100g: Energy 306kJ 72kcal

Nutritional Information

Typical Values	Per 100g
Energy	306kJ 72kCal
Carbohydrates	Og
of which sugars	Og
Fat	0.6g
of which saturates	0.1g
Fibre	Og
Protein	16.7g
Salt	0.4g

Allergy Information





Contain Cereal/Gluten



Does Not

Contain

Does Not Contain Milk Eggs



Does Not

Contain

Peanuts

Does Not





Does Not

Contain



Crustaceans

Does Not

Contain











Contain Sulphur

Dietary Information











Ingredients

Cod (Gadus morhua) (FISH).