Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

NUT014X 05 November 2012 25 November 2022 8fc662978c1c4e5593a61ad0216097a4



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#### Israeli Cous Cous

Short Product Name:

Israeli Cous Cous

Traded Unit GTIN: 5060103911363 Internal GTIN: 5060103910823 Supplier: Centaur Foods Ltd Suppliers Product Code: NUT014X

### Reference Intake

#### Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
<b>1504</b> kJ <b>363</b> kcal	<b>1.45</b> <sub>g</sub>	<b>0.27</b> g	<b>1.12</b> g	<b>0.01</b> g	
18%	2%	1%	1%	0%	
of your reference intake.					

Typical values per 100g : Energy 1504kJ 363kcal

### **Nutritional Information**

Typical Values	Per 100g
Energy	1504kJ 363kCal
Carbohydrates	73.8g
of which sugars	1.12g
Fat	1.45g
of which saturates	0.27g
Fibre	2.4g
Protein	11.5g
Salt	0.01g

## **Allergy Information**



Does Not

Fish



Does Not

Does Not

Contain





Does Not

Contain



Does Not

Celery





Does Not

Contain





Does Not

Contain





Does Not Sulphur

# **Dietary Information**

Key: Suitable for











May not be Coeliac

Allergen Statement

This product contains WHEAT

# **Ingredients**

100% Half Hard WHEAT Flour