

Supplier's Product Code :
Product Added :
Last Updated by Supplier :
erudus id :

FF00111
07 November 2012
27 April 2022
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Lemon Sole Goujons with Lemon & Pepper breadcrumbs

Short Product Name:

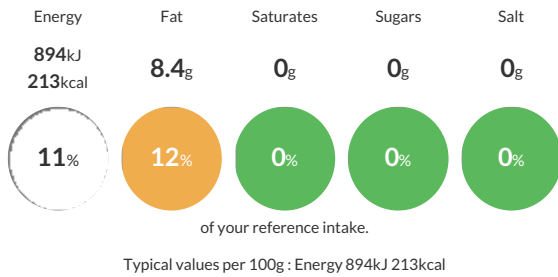
Lemon Sole Goujons with Lemon & Pepper breadcrumbs

Breaded Lemon Sole Goujons Coated with Lemon & Pepper crumb

Traded Unit GTIN: **5060132041017** Internal GTIN: **5060132040010** Supplier: **Flatfish Ltd** Suppliers Product Code: **FF00111**

Reference Intake

Each 100g portion contains:



Nutritional Information

Typical Values	Per 100g
Energy	894kJ 213kCal
Carbohydrates	22g
of which sugars	0g
Fat	8.4g
of which saturates	0g
Fibre	0g
Protein	12.3g
Salt	0g

Allergy Information

Key: **Contains** **May Contain**



Dietary Information

Key: **Suitable for**



Ingredients

Lemon Sole (**FISH**), Breadcrumbs: **WHEAT** flour, salt, yeast, stabiliser E472e.

Batter: **WHEAT** flour, water, starch, salt.

Flavouring: Lemon Flavouring, black pepper, rapeseed oil, yeast extract, dehydrated peppers.