MBRC05 10 July 2024 10 July 2024 9d943179c7b44ca09750fc9aba435327



The information on the Erudus System has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit http://www.erudus.com/terms-and-conditions for full terms and conditions.

Breaded MSC Cod Fillets 140 - 170g 24 piece pack count

Short Product Name: Breaded Cod

Formed skinless, boneless cod fillet pieces coated in breadcrumb, flash fried 24 x 140-170g

 Traded Unit GTIN:
 5060061300636
 Internal GTIN:
 5060061300636
 Supplier:
 Three Oceans Fish Company
 Suppliers Product Code:
 MBRC05

Reference Intake



Typical values per 100g : Energy 859kJ 205kcal

Nutritional Information

Typical Values	Per 100g
Energy	859kJ 205kCal
Carbohydrates	24.5g
of which sugars	1.4g
Fat	6.7g
of which saturates	1.2g
Fibre	1.2g
Protein	11.5g
Salt	0.8g

Allergy Information



Dietary Information



Allergen Statement

Allergens in ingredient list are shown in CAPITALS

Ingredients

Cod (FISH) (50%), WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising agent (Ammonium Carbonate).