

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

5147847000  
21 November 2024  
21 November 2024  
a49b667a24224323b76f5c14ccedc8f3



The information on the **Erudus System** has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

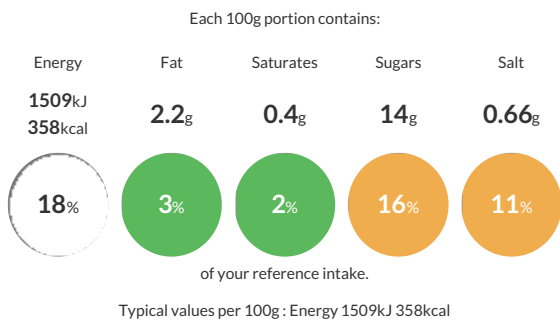
## Kellogg's Bran Flakes Cereal 4x500g Bag Pack

Short Product Name:  
Bran Flakes Cereal

Kellogg's Bran Flakes are a delicious way to support your digestive health\*. Made with 8 essential vitamins and minerals, a serving of Kellogg's Bran Flakes is an excellent way to start your day. Bran Flakes are naturally high in wheat bran fibre to promote digestive health\*, so you know you are making the right choice for breakfast. \*10g wheat bran fibre daily contributes to an acceleration of intestinal transit. Bran Flakes contributes 3.7g per serving

Traded Unit GTIN: **5050083478475** Internal GTIN: Supplier: **Kellanova (Kellogg's)** Suppliers Product Code: **5147847000**

### Reference Intake



### Nutritional Information

Typical Values	Per 100g
Energy	1509kJ 358kCal
Carbohydrates	65g
of which sugars	14g
Fat	2.2g
of which saturates	0.4g
Fibre	17g
Protein	11g
Salt	0.66g

### Allergy Information

Key: **Contains** **May Contain**



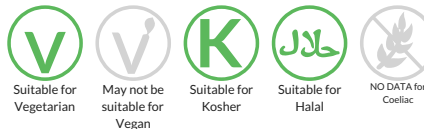
#### Allergen Statement

Contains: **WHEAT, BARLEY**

May Contain: Gluten from other cereals

### Dietary Information

Key: **Suitable for**



### Ingredients

**WHOLEWHEAT** (59%), **WHEAT** bran (18%), **WHOLEWHEAT** flour, sugar, **BARLEY** malt extract, glucose syrup, salt, natural flavouring, **VITAMINS & MINERALS**: Niacin, iron, vitamin B6, riboflavin, thiamin, folic acid, vitamin D, vitamin B12.