Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

MBRC04 31 July 2012 12 May 2023 a64b40d505e549adb6920846626437de



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## Breaded MSC Cod Fillets 110 - 140g 24 piece pack count

Short Product Name: Breaded Cod

Formed skinless, boneless cod fillet pieces enrobed in breadcrumb and flash fried 24 x 110-140g

Traded Unit GTIN: 5060061300643 Internal GTIN: 5060061300643 Supplier: Three Oceans Fish Company Suppliers Product Code: MBRC04

#### Reference Intake

#### Each 100g portion contains: Fat Salt Energy Saturates Sugars 859kl **6.7**g **1.2**g **1.4**g 0.8g**205**kcal 10% 6% of your reference intake.

Typical values per 100g: Energy 859kJ 205kcal

### **Nutritional Information**

Typical Values	Per 100g
Energy	859kJ 205kCal
Carbohydrates	24.5g
of which sugars	1.4g
Fat	6.7g
of which saturates	1.2g
Fibre	1.2g
Protein	11.5g
Salt	0.8g

### **Allergy Information**







Does Not Eggs



Does Not Peanuts



Contain Nuts



Does Not

Contain Mustard







### **Dietary Information**



Vegetarian



Vegan









Contain

Does Not Contain

Does Not

Does Not



Does Not Contain

Crustaceans

Sulphur

# Ingredients

Cod (50%) (FISH), WHEAT Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent (Ammonium Carbonate).