

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

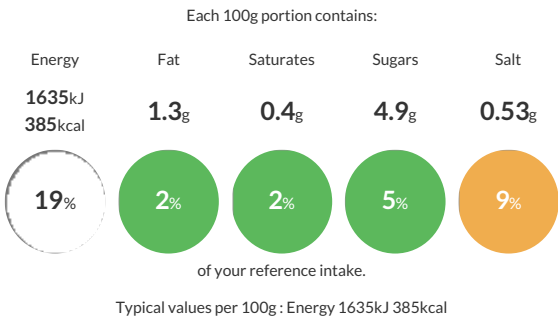
Brakes Crisp Puffed Rice

Short Product Name:  
Crisp Puffed Rice

Puffed & toasted grains of rice, fortified with vitamins & iron

Traded Unit GTIN: 5024333207320 Internal GTIN: 5024333207320 Supplier : Sysco GB Limited Suppliers Product Code : 105956

Reference Intake





Nutritional Information


Typical Values	Per 100g
Energy	1635kJ 385kCal
Carbohydrates	85g
of which sugars	4.9g
Fat	1.3g
of which saturates	0.4g
Fibre	1.6g
Protein	7.9g
Salt	0.53g


Allergy Information


Key: Contains May Contain


  
Contains Cereal/Gluten


  
Does Not Contain Milk


  
Does Not Contain Eggs


  
Does Not Contain Peanuts


  
Does Not Contain Nuts


  
Does Not Contain Crustaceans


  
Does Not Contain Mustard


  
Does Not Contain Fish


  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Does Not Contain Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

Gluten Claim  
Gluten content is less than 20ppm.

Ingredients

Rice, Sugar, Malted **BARLEY** Extract, Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12.

Dietary Information

Key: Suitable for

  
Suitable for Vegetarian

  
May not be suitable for Vegan

  
May not be suitable for Kosher

  
May not be suitable for Halal

  
Suitable for Coeliac