

The information on the **Erudus System** has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus One.

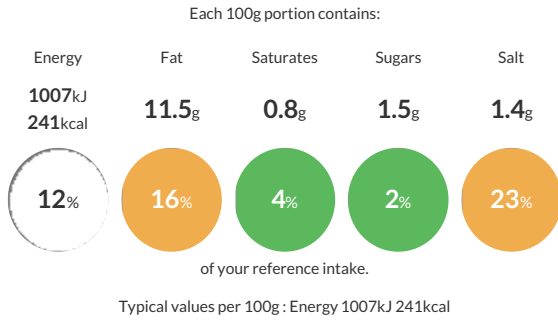
We do not accept liability for any inaccuracies or incorrect information contained on this site. Please visit <http://www.erudus.com/terms-and-conditions> for full terms and conditions.

Mediterranean Falafel 1000g

Falafel made with chunky chickpeas and onion – simply blended with Mediterranean spices and baked

Traded Unit GTIN: **05036829756830** Internal GTIN: Supplier: **Gosh! Food** Suppliers Product Code: **FR-FS009-1**

Reference Intake



Nutritional Information

Typical Values	Per 100g
Energy	1007kJ 241kCal
Carbohydrates	30.9g
of which sugars	1.5g
Fat	11.5g
of which saturates	0.8g
Fibre	7.1g
Protein	7g
Salt	1.4g

Allergy Information

Key: **Contains** **May Contain**

Does Not Contain Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

Gluten Claim

Gluten content is less than 20ppm.

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	Suitable for Vegan	Suitable for Kosher	May not be suitable for Halal	Suitable for Coeliac

Ingredients

Chickpeas (65%), Onion (8%), Rapeseed Oil, Water, Potato Flake, Garlic Puree (Water, Garlic Granules), Concentrated Lemon Juice, Salt, Raising Agent (Bicarbonate of Soda), Ground Coriander, Ground Cumin, Parsley, White Pepper.