Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

803 05 December 2024 05 December 2024 b99dababa440420d973b80c6d2b305af



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Rude Health Organic Oat Drink (GF) 6x1lt

Short Product Name:

Rude Health Organic Oat Drink

Get all the goodness of gluten free oats the easy way, any time, any place. This Drink is made with whole grains, soluble fibre and all, shown to help keep your heart in rude health when eaten regularly. The $satisfying\ oaty\ flavour\ is\ subtly\ balanced\ with\ pure\ mountain\ spring\ water\ and\ a\ touch\ of\ cold-pressed\ sunflower\ oil.\ Comfort\ you\ can\ drink.$

Traded Unit GTIN: 05060120282231 Internal GTIN: 5060120281975 Supplier: Rude Health Suppliers Product Code: 803

Reference Intake

Each 100ml portion contains: Fat Salt Energy Saturates Sugars **181**kJ 0.4g**4.1**_g **0.1**g **1.6**g 43kcal 2% 2% of your reference intake.

Typical values per 100ml: Energy 181kJ 43kcal

Nutritional Information

Typical Values	Per 100ml
Energy	181kJ 43kCal
Carbohydrates	6.1g
of which sugars	4.1g
Fat	1.6g
of which saturates	0.4g
Fibre	0.3g
Protein	0.8g
Salt	0.1g

Allergy Information





Does Not

Contain

Fish



Does Not

Contain







Does Not

Contain



Does Not

Contain

Celery



Does Not Nuts

Does Not

Contain



Does Not

Contain







Does Not Contain Sulphur

Dietary Information











Ingredients

Natural spring water, organic wholegrain OATS (11%), organic cold-pressed sunflower oil, sea salt.