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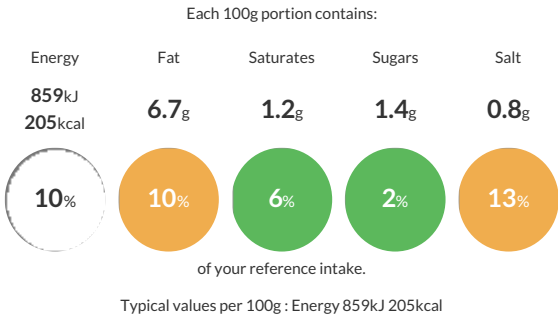
## Breaded MSC Cod Fillets 80 - 110g 30 piece pack count

Short Product Name:  
Breaded Cod

Formed skinless, boneless cod fillet pieces coated in breadcrumb, flash fried 30 x 80-110g

Traded Unit GTIN: **5060061301411** Internal GTIN: **5060061301411** Supplier : **Three Oceans Fish Company** Suppliers Product Code : **MBRC03**

### Reference Intake





### Nutritional Information


Typical Values	Per 100g
Energy	859kJ 205kCal
Carbohydrates	24.5g
of which sugars	1.4g
Fat	6.7g
of which saturates	1.2g
Fibre	1.2g
Protein	11.5g
Salt	0.8g


### Allergy Information


Key: **Contains** **May Contain**


  
Contains Cereal/Gluten


  
Does Not Contain Milk


  
Does Not Contain Eggs


  
Does Not Contain Peanuts


  
Does Not Contain Nuts


  
Does Not Contain Crustaceans


  
Does Not Contain Mustard


  
Contains Fish


  
Does Not Contain Lupin

  
Does Not Contain Sesame

  
Does Not Contain Celery

  
Does Not Contain Soya

  
Does Not Contain Molluscs

  
Does Not Contain Sulphur Dioxide

### Dietary Information

Key: **Suitable for**

  
May not be suitable for Vegetarian

  
May not be suitable for Vegan

  
May not be suitable for Kosher

  
May not be suitable for Halal

  
May not be suitable for Coeliac

Allergen Statement  
Allergens in ingredient list are shown in **CAPITALS**

### Ingredients

**COD** (50%) (**FISH**), **WHEAT** Flour (with Calcium Carbonate, Iron, Niacin, Thiamin), Water, Rapeseed Oil, Maize Starch, Salt, Yeast, Raising Agent (Ammonium Carbonate).