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# Haddock fillet skin on, boneless (6 x 140-170g)

Short Product Name: Haddock Fillet

Haddock fillet skin on, boneless 6 x 140-170g.

Traded Unit GTIN: - Internal GTIN: Supplier: M&J Seafood Suppliers Product Code: 107625

#### **Reference** Intake



# Nutritional Information

Typical Values	Per 100g
Energy	313kJ 74kCal
Carbohydrates	Og
of which sugars	Og
Fat	0.5g
of which saturates	0.1g
Fibre	Og
Protein	17.3g
Salt	0.3g

### Allergy Information



## **Dietary Information**



#### Ingredients

Haddock (Melanogrammus aeglefinus) (FISH).