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F00383  
21 November 2006  
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## Fletchers Thick Sliced Wholemeal Bread 8 x 800g e

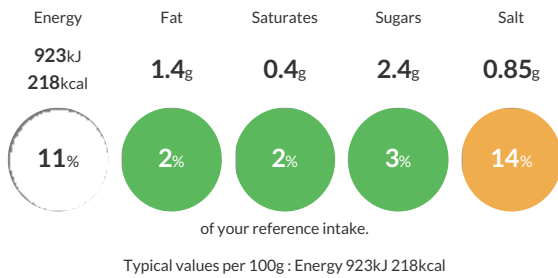
Short Product Name:

A golden brown baked thick sliced wholemeal loaf

Traded Unit GTIN: **05010066000703** Internal GTIN: Supplier: **Kara Foodservice (Fletchers)** Suppliers Product Code: **F00383**

### Reference Intake

Each 100g portion contains:



### Nutritional Information

Typical Values	Per 100g
Energy	923kJ 218kCal
Carbohydrates	38.2g
of which sugars	2.4g
Fat	1.4g
of which saturates	0.4g
Fibre	7.1g
Protein	9.7g
Salt	0.85g

### Allergy Information

Key: **Contains** **May Contain**



#### Allergen Statement

For allergens, including cereals containing gluten, see ingredients in **CAPITALS**.

### Ingredients

Wholemeal **WHEAT** Flour, Water, Salt, Wheat Flour (**WHEAT** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Palm Oil, Yeast, Emulsifiers (E472e, E471), Preservative (E282), **SOYA** Flour, Spirit Vinegar, Flour Treatment Agent (E300).

### Dietary Information

Key: **Suitable for**

