Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

F072086 17 June 2024 17 June 2024 d481bb738a9b4fa9a6238cf57bf8fa8c



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FLAPJACK (1 x 12 ptn)

Short Product Name: FLAPJACK

A traditional flapjack made using rolled and jumbo oats.

Traded Unit GTIN: 5060044072086 Internal GTIN: Supplier: The Handmade Cake Co. Suppliers Product Code: F072086

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
1831 kJ 439 kcal	19.3g	8.3 g	34.6 g	$0.23_{\rm g}$	
(22%	28%	42%	38%	4%	
of your reference intake					

Typical values per 100g: Energy 1831kJ 439kcal

Nutritional Information

Typical Values	Per 100g
Energy	1831kJ 439kCal
Carbohydrates	57.6g
of which sugars	34.6g
Fat	19.3g
of which saturates	8.3g
Fibre	6.5g
Protein	5.4g
Salt	0.23g

Allergy Information



Does Not

Contain

Fish



Does Not

Contain



May Contain Eggs

Does Not

Contain





Peanuts

Does Not

Contain



Does Not

Contain





Does Not

Contain



Does Not

Contain Mustard

Does Not Contain Sulphur





Dietary Information

Vegan

May not be





Ingredients

 Root Fibre, Sweetened Condensed Milk (Whole MILK , Sugar).