

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

CC021  
17 September 2024  
17 September 2024  
ea3f986a667d49719b22d54ad78c1899



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## Cooks & Co Artichoke Hearts (12 x 400g)

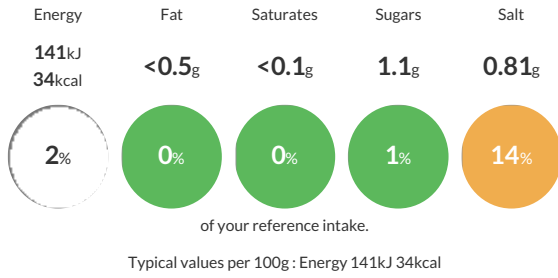
Short Product Name:  
Artichoke Hearts in brine

Artichoke Hearts in brine

Traded Unit GTIN: 05060016820042 Internal GTIN: 5060016800044 Supplier: R.H.Amar & Co Limited Suppliers Product Code: CC021

### Reference Intake

Each 100g portion contains:



### Nutritional Information

Typical Values	Per 100g
Energy	141kJ 34kCal
Carbohydrates	5.7g
of which sugars	1.1g
Fat	<0.5g
of which saturates	<0.1g
Fibre	3g
Protein	1.2g
Salt	0.81g

### Allergy Information

Key: Contains May Contain



### Dietary Information

Key: Suitable for



### Ingredients

Artichoke Hearts, Water, Salt, Acidity Regulator: Citric Acid.