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Rude Health Coconut Drink (6x1litre)

Short Product Name:

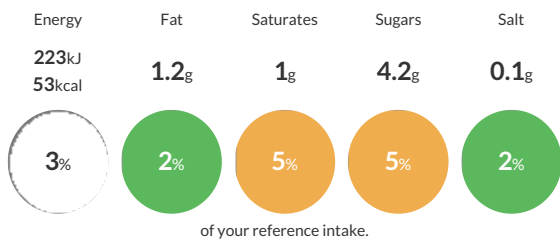
Rude Health Coconut Drink (6x1litre)

Pure pleasure We take all the lovely white stuff out of coconuts and whip it up until it's smooth. Then we blend it with rice, pure mountain spring water and a pinch of sea salt. The coconut's good oils give it a creamy texture, while giving you all kinds of nutrient goodies. Eat right, stay brilliant. At Rude Health we only use the kind of ingredients you'd have in your own kitchen - nothing artificial, nothing refined. We source our ingredients from fields, orchards and vines - not laboratories. We think food should be made out of food - not thickeners, preservatives, colourings, flavourings and other additives. The proof is in the taste, try it for yourself. When you've got food this good inside you, you'll be up for anything. Organic, A refreshing alternative to milk, Gluten and dairy free, Unsweetened, With coconut butter and rice, Without thickeners, Clean ingredients, No refined sugars, No artificial anything, Non-GM, Vegetarian Society approved, Kosher - KLBD

Traded Unit GTIN: **05060120282354** Internal GTIN: **5060120282347** Supplier: **Rude Health** Suppliers Product Code : **804**

Reference Intake

Each 100ml portion contains:



Typical values per 100ml: Energy 223kJ 53kcal

Nutritional Information

Typical Values	Per 100ml
Energy	223kJ 53kCal
Carbohydrates	10.4g
of which sugars	4.2g
Fat	1.2g
of which saturates	1g
Fibre	0.7g
Protein	0.1g
Salt	0.1g

Allergy Information

Key: **Contains** **May Contain**

Does Not Contain Cereal/Gluten	Does Not Contain Milk	Does Not Contain Eggs	Does Not Contain Peanuts	Does Not Contain Nuts	Does Not Contain Crustaceans	Does Not Contain Mustard
Does Not Contain Fish	Does Not Contain Lupin	Does Not Contain Sesame	Does Not Contain Celery	Does Not Contain Soya	Does Not Contain Molluscs	Does Not Contain Sulphur Dioxide

Dietary Information

Key: **Suitable for**

Suitable for Vegetarian	Suitable for Vegan	Suitable for Kosher	Suitable for Halal	NO DATA for Coeliac
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Ingredients

Natural spring water, organic rice, organic coconut butter (2%), sea salt.