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Keralan Cauliflower & Red Pepper Curry 340g x 12

Short Product Name: Keralan Cauliflower & Red Pepper Curry

Cooked cauliflower and sliced red pepper in a Keralan style coconut curry sauce.

Traded Unit GTIN: 5055775103567 Internal GTIN: Supplier: Scheff Foods Ltd Suppliers Product Code: KCRC340

Reference Intake



Typical values per 100g : Energy 458kJ 110kcal

Nutritional Information

Typical Values	Per 100g
Energy	458kJ 110kCal
Carbohydrates	6.5g
of which sugars	4.4g
Fat	8.1g
of which saturates	3.1g
Fibre	2.2g
Protein	2g
Salt	0.79g

Allergy Information



Dietary Information



Ingredients

Cooked Cauliflower (22%), Tomato, Coconut Milk (Contains: Coconut Extract, Water), Onion, Red Pepper (7%), Water, Tomato Puree, Rapeseed Oil, Coconut Cream, Garlic Puree, Spices (Contains: Black Chickpea Powder, Salt) [MUSTARD], Sugar, Lemon Juice, Chilli Puree, Salt, Cornflour, MUSTARD Seed, Herb