Supplier's Product Code: Product Added: Last Updated by Supplier: erudus id:

SH2 11 January 2013 20 July 2021 fc26bdc4c7754df5a487993a828c7c92



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Half Gammon Ham 100%

Short Product Name:

Half plain ham 100% vacuum packed

Traded Unit GTIN: Internal GTIN: Supplier: Stephens Fresh Foods Suppliers Product Code: SH2

Reference Intake

Each 100g portion contains:

Energy	Fat	Saturates	Sugars	Salt	
404 kJ 96 kcal	2.5 g	$0.88_{\rm g}$	2.1 g	2.2 g	
5%	4%	4%	2%	37%	
of your reference intake.					

Typical values per 100g: Energy 404kJ 96kcal

Nutritional Information

Typical Values	Per 100g
Energy	404kJ 96kCal
Carbohydrates	2.1g
of which sugars	2.1g
Fat	2.5g
of which saturates	0.88g
Fibre	-g
Protein	18.4g
Salt	2.2g

Allergy Information





Does Not



Does Not

Contain

Eggs



Does Not

Contain

Does Not Contain Peanuts

Does Not

Contain

Celery



Does Not

Contain





Does Not

Contain







Sulphur

Dietary Information

Vegan

Key: Suitable for













Ingredients

Does Not

Fish

Pork 100%, salt, dextrose, stabilisers, (E451 E452), antioxidant (E301), preservative (E250).