

Supplier's Product Code :  
Product Added :  
Last Updated by Supplier :  
erudus id :

3OCG322-  
26 June 2024  
26 June 2024  
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## Cut Okra 10x1kg

Short Product Name:  
Cut Okra

### Product Description:

Okra is very popular in countries such as Greece, Turkey and Egypt, is eaten and prepared like a vegetable and makes a really tasty addition to casseroles and soups. An exotic delight!

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	

### Supplier's Product Code :

3OCG322-

### Supplier: Ardo UK

Ashford Road  
Charing  
Nr Ashford  
Kent  
TN27 0DF  
United Kingdom  
P: 01233 714411

## OUTER PRODUCT

### Outer case Information

Outer Case GTIN :	5411361018743	Outer Case Length :	390 mm
Packaging Type Description :		Outer Case Width :	285 mm
Total Quantity of Inner Units in Outer Case :	10 Units	Outer Case Height :	202 mm
Is Trade Item Splittable? :	-	Product Gross Weight :	10.30 kg
		Product Net Weight :	10.00 kg

### Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases	Pallet Height :	1.80 MTR
Quantity of Layers Per Pallet :	7 Layers	Pallet Gross Weight :	730.00 kg
Quantity of Cases Per Pallet :	70 Cases		

### Logistical Information

Shelf Life from Time of Production :	730 Days	Minimum Order Quantity :	10 Cases
Guaranteed Shelf Life on Delivery :	100 Days	Delivery Lead Time :	5 Days

### Waste Packaging Weight - Outer Case

Glass :	0.00 g	Aluminium :	0.00 g
Plastic :	0.00 g	Steel :	0.00 g
Percentage Recycled Plastic :	Not specified.	Other :	0.00 g
Paper/Board :	300.00 g	Wood :	Not specified.
		Fibre Based Composite :	Not specified.

### Waste Packaging Weight - Transport Packaging

Plastic :	100.00 g	Wood Total :	0.00 g
Paper/Board :	0.00 g	Is Pallet Returnable? :	-
Percentage Recycled Plastic :	0.00 %		

### Other Information

Supplier Comments :	Not specified.
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## INNER PRODUCT

### Origin Information

Product Country of Origin/Place of Provenance : India

**Additional Origin Details :**  
Not specified.

### Inner Pack Information

Internal GTIN : 5411361018736

Packaging Type Description : Plastic Bag

Variable Weight Consumer Item : Yes

Net Drained Weight : Not specified.

Inner Unit Length : 525 mm

Inner Unit Height : 330 mm

Inner Unit Width : 525 mm

Inner Product Weight : Not specified.

Inner Product Weight Units : g

**Weight/Volume :**  
Not specified.

### Handling Information

**Directions For Use :**

Place the frozen vegetables in boiling water and bring back to boil. Frozen vegetables do not need to be cooked for as long as fresh since they are par cooked. Drain and season to taste.

**Storage Instructions :**

Keep frozen

## Dietary Information

**Ingredients :**  
100% okra

### Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	No
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	No
Wheat (and products thereof) :	No
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	No
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	0

### Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

### Product suitability:

Suitable for a Vegetarian Diet :	Yes
Suitable for a Vegan Diet :	Yes
Suitable for Sufferers of Lactose Intolerance :	-
Suitable for Coeliacs :	-
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

**Allergen Statement :**  
none

## Nutritional Information

Average Serving :	80.00 g or ml
Count per 100g :	Not specified.
Count Per Pack :	Not specified.
Energy per 100 G/ML :	168.00 kJ
Energy per 100 G/ML :	40.00 kcal
Fat per 100 G/ML :	1 g
- of which Saturates per 100 G/ML :	0.3 g
- of which Mono-unsaturates per 100 G/ML :	<0.1 g
- of which Polyunsaturates per 100 G/ML :	<0.1 g
Trans Fats per 100 G\ML :	0.00 g
Carbohydrate Per 100 G/ML :	3 g
- of which Sugars per 100 G/ML :	2.5 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	Not specified.
Protein per 100 G/ML :	2.8 g
Salt per 100 G/ML :	0.02 g
Sodium per 100 G\ML :	<0.01 g

## Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	8.35 g
Percentage Recycled Plastic :	0.00 %
Paper/Board :	0.00 g

## Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	-
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	-
RSPCA Assured :	-
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	-
Farm Assured Welsh Livestock :	-
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	-
Quality Standard Mark (Beef/Lamb) :	-
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	-
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

<b>Other Accreditation :</b> Not specified.	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

## Standards Testing

Do you undertake trend analysis of microbiological results?: Yes

Is shelf life testing undertaken?: Yes

## Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
E. Coli (cfu/g or ml)	Every Batch	<100	100	-	
Listeria SPP	Every Batch	<100	100	-	
Salmonella	Every Batch	<0	0	-	

## Analytical Standards

Not available.