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## Young's 60 Cod Fillet Fish Fingers MSC 6x60x25g

Short Product Name:  
Cod Fillet Fish Fingers

Product Description:  
Cod Fillet Fish Fingers Coated in Golden Breadcrumbs. Legal Name: Cod Fillet Fish Fingers in Breadcrumbs.

### General Information

Food/Drink :	Food
Product Category :	Frozen
Generic Product Type :	Fish

Supplier's Product Code :  
13054  
Supplier: Youngs Seafood Ltd  
PO Box 328  
Grimsby  
DN31 3XN  
England  
P: 01472 585165

## OUTER PRODUCT

### Outer case Information

Outer Case GTIN :	05000205545653
Packaging Type Description :	Case
Total Quantity of Inner Units in Outer Case :	6 Units
Is Trade Item Splittable? :	-

Outer Case Length :	392 mm
Outer Case Width :	290 mm
Outer Case Height :	205 mm
Product Gross Weight :	9.50 kg
Product Net Weight :	9.00 kg

### Pallet Information

Quantity of Cases Per Pallet Layer :	10 Cases
Quantity of Layers Per Pallet :	7 Layers
Quantity of Cases Per Pallet :	70 Cases

Pallet Height :	1.67 MTR
Pallet Gross Weight :	135.00 kg

### Logistical Information

Shelf Life from Time of Production :	547 Days
Guaranteed Shelf Life on Delivery :	Not specified.

Minimum Order Quantity :	1 Cases
Delivery Lead Time :	3 Days

### Waste Packaging Weight - Outer Case

Glass :	0.00 g
Plastic :	0.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	364.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

### Waste Packaging Weight - Transport Packaging

Plastic :	Not specified.
Paper/Board :	Not specified.
Percentage Recycled Plastic :	Not specified.

Wood Total :	Not specified.
Is Pallet Returnable? :	-

### Other Information

Supplier Comments :  
Not specified.

## INNER PRODUCT

### Origin Information

Product Country of Origin/Place of Provenance:	United Kingdom
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**Additional Origin Details:**  
Produced in the UK

### Inner Pack Information

Internal GTIN:	5000205040585
Packaging Type Description:	Polypropylene Film
Variable Weight Consumer Item:	No
Net Drained Weight:	Not specified.

Inner Unit Length:	0 mm
Inner Unit Height:	390 mm
Inner Unit Width:	525 mm
Inner Product Weight:	1.50 kg
Inner Product Weight Units:	kg

**Weight/Volume:**  
Not specified.

### Handling Information

#### Directions For Use:

Our Cod Fillet Fish Fingers are best oven baked straight from your freezer. Ensure product is piping hot throughout before serving. All appliances vary, these are guidelines only.

12 mins to Oven Bake - 220°C / Fan 200°C / Gas Mark 7

- Pre-heat the oven.
- Remove all packaging.
- Place the fish fingers on a baking tray in the centre of the oven and cook for 12 minutes, turn occasionally.

10 mins to Grill - medium heat

- Pre-heat the grill pan on a medium heat setting.
- Remove all packaging.
- Place the fish fingers on to the base of the grill pan and cook for 10 minutes, turn occasionally.

3-4 mins to Deep Fry - 180°C

- Pre-heat the oil.
- Remove all packaging.
- Gently lower the fish fingers into the hot oil and cook for 3-4 minutes. Drain well after cooking.

6 mins to Pan Fry - medium heat

- Heat a tablespoon (15ml) of oil in a frying pan over a medium heat.
- Remove all packaging.
- Gently add the fish fingers to the pan and cook for 6 minutes, turn occasionally.

#### Storage Instructions:

Store at -18°C below. Do not re-freeze once defrosted.

## Dietary Information

### Ingredients :

Cod Fillet (**FISH**) (58%), Wheat Flour [**WHEAT** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Rapeseed Oil, Water, Yeast, Salt, Colours: Capsanthin, Curcumin; Turmeric

Caution! Although extra care has been taken to remove all bones, some may remain

Made in the UK with Cod caught in the North East Atlantic Ocean

### Product contains:

GM Protein/DNA :	No
Celery/Celeriac (and products thereof) :	No
Lupin (and products thereof) :	No
Eggs (and products thereof) :	No
Fish (and products thereof) :	Yes
Soybeans (and products thereof) :	No
Milk (and products thereof) :	No
Mustard (and products thereof) :	No
Peanuts (and products thereof) :	No
Sesame Seeds (and products thereof) :	No
Crustacea (and products thereof) :	No
Molluscs (and products thereof) :	No
Nuts (and products thereof) :	No
Almond nuts :	No
Hazelnuts :	No
Walnuts :	No
Cashew nuts :	No
Pecan nuts :	No
Brazil nuts :	No
Pistachio nuts :	No
Macadamia nuts :	No
Queensland nuts :	No
Cereals Containing Gluten :	Yes
Wheat (and products thereof) :	Yes
Rye (and products thereof) :	No
Barley (and products thereof) :	No
Oats (and products thereof) :	No
Spelt (and products thereof) :	No
Kamut (and products thereof) :	No
Gluten content <20ppm :	-
Hydrogenated Vegetable Oil/Fat :	-
Palm Oil :	No
Sulphur Dioxide and Sulphites :	No
Sulphur Dioxide/Sulphites Concentration :	-

### Product contains :

Artificial Antioxidants :	No
Artificial Colours :	No
Artificial Flavourings :	No
Artificial Flavour Enhancers :	No
Artificial Preservatives :	No
Artificial Sweeteners :	No

### Product suitability:

Suitable for a Vegetarian Diet :	No
Suitable for a Vegan Diet :	No
Suitable for Sufferers of Lactose Intolerance :	Yes
Suitable for Coeliacs :	No
Approved for a Halal Diet :	No
Approved for a Kosher Diet :	No
HFSS (High in Fat, Salt and Sugar) :	-

### Allergen Statement :

Allergy Advice! For allergens, including cereals containing gluten, see ingredients in bold (UPPERCASE).

## Nutritional Information

Average Serving :	500.00 g or ml
Count per 100g :	66.6 Pieces
Count Per Pack :	60
Energy per 100 G/ML :	859.00 kJ
Energy per 100 G/ML :	205.00 kcal
Fat per 100 G/ML :	7.9 g
- of which Saturates per 100 G/ML :	0.8 g
- of which Mono-unsaturates per 100 G/ML :	Not specified.
- of which Polyunsaturates per 100 G/ML :	Not specified.
Trans Fats per 100 G\ML :	Not specified.
Carbohydrate Per 100 G/ML :	19.8 g
- of which Sugars per 100 G/ML :	0.6 g
- of which Polyols per 100 G/ML :	Not specified.
- of which Starch per 100 G/ML :	Not specified.
Fibre per 100 G/ML :	1.4 g
Protein per 100 G/ML :	12.9 g
Salt per 100 G/ML :	0.4 g
Sodium per 100 G\ML :	Not specified.

Vitamin A per 100g :	Not specified.
Vitamin C per 100g :	Not specified.
Folate/Folic Acid per 100g :	Not specified.
Calcium per 100g :	Not specified.
Iron per 100g :	Not specified.
Zinc per 100g :	Not specified.
Cholesterol per 100 G/ML (UK/FR) :	Not specified.
Non Milk Extrinsic Sugars per 100gm :	Not specified.
Alcoholic Strength %Vol :	Not specified.
Fat Percentage in Dry Matter per 100g :	Not specified.

## Waste Packaging Weight - Inner Unit

Glass :	0.00 g
Plastic :	0.00 g
Percentage Recycled Plastic :	Not specified.
Paper/Board :	0.00 g

Aluminium :	0.00 g
Steel :	0.00 g
Other :	0.00 g
Wood :	Not specified.
Fibre Based Composite :	Not specified.

## Accreditations / Certifications / Assurance Schemes

BRCGS Certified Production :	Yes
Red Tractor :	No
Fairtrade :	No
Marine Stewardship Council Certified (MSC) :	Yes
Organic :	No
SALSA (Safe & Local Supplier Approval) :	No
British Lion Mark :	No
RSPCA Assured :	No
LEAF Marque (Linking Environment and Farming) :	No
Rainforest Alliance :	No
Food for Life Supplier Scheme :	No
Quality Meat Scotland :	No
Farm Assured Welsh Livestock :	No
Northern Ireland Beef & Lamb Farm Quality Assurance Scheme :	No
Quality Standard Mark (Beef/Lamb) :	No
Roundtable of Sustainable Palm Oil (RSPO) :	No
School Approved (The Requirement for School Food Regulation 2014) :	No
IFS Food Standard :	No
Best Aquaculture Practices (BAP) Certification :	No
ISO 14001 (Environmental System) :	No
FSSC 22000 :	No

<b>Other Accreditation :</b> Not specified.	
Intra Stat/Taric Code :	Not specified.
Commodity Code :	Not specified.
Identification/Health Marks :	Not specified.

## Standards Testing

Do you undertake trend analysis of microbiological results?: No

Is shelf life testing undertaken?: No

## Microbiological Standards

Organism	Frequency	Target	Maximum	Sample (g or ml)	Note
Bacillus Cereus (cfu/g or ml)	Monthly	<20	100	1g	
Coliforms (cfu/g or ml)	Every Batch	<1000	5000	1g	
E. Coli (cfu/g or ml)	Every Batch	<10	100	1g	
Listeria SPP	Monthly	<25	100	25g	
Salmonella	Monthly	<25	25	25g	
Staphylococcus Aureus (cfu/g or ml)	Every Batch	<20	100	1g	
Total Viable Count (TVC) (cfu/g or ml)	Every Batch	<100000	100000	1g	

## Analytical Standards

Not available.